

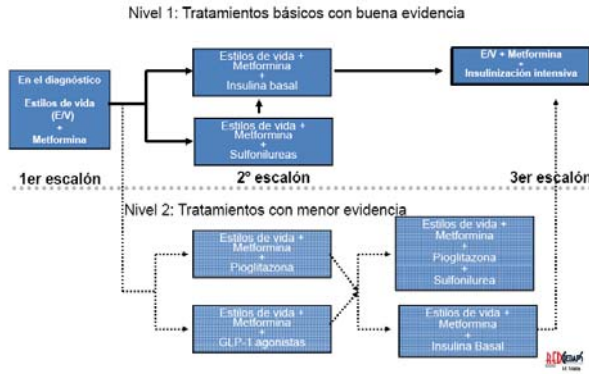


CONTROVERSIA EN EL 2º PASO TERAPEUTICO

INHIBIDORES DPP 4

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HUNSC (Santa Cruz de Tenerife)

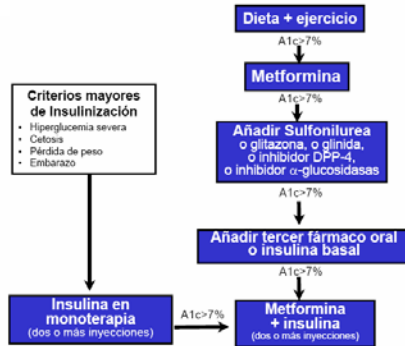
Algoritmo de tratamiento DM2 ADA/EASD 2008



ALGORITMO CANADIAN DIABETES ASSOCIATION 2008

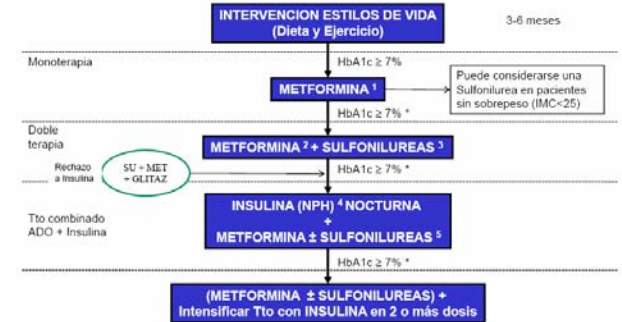


Algoritmo de tratamiento de la DM2. GEDAPS 2008



El objetivo A1c < 7% corresponde a un intervalo de normalidad de 4-6%. Para otros valores de normalidad el objetivo debe calcularse (media + 4DE) Se debe individualizar según características del paciente.

ALGORITMO GUIA MINISTERIO SANIDAD Y CONSUMO 2008



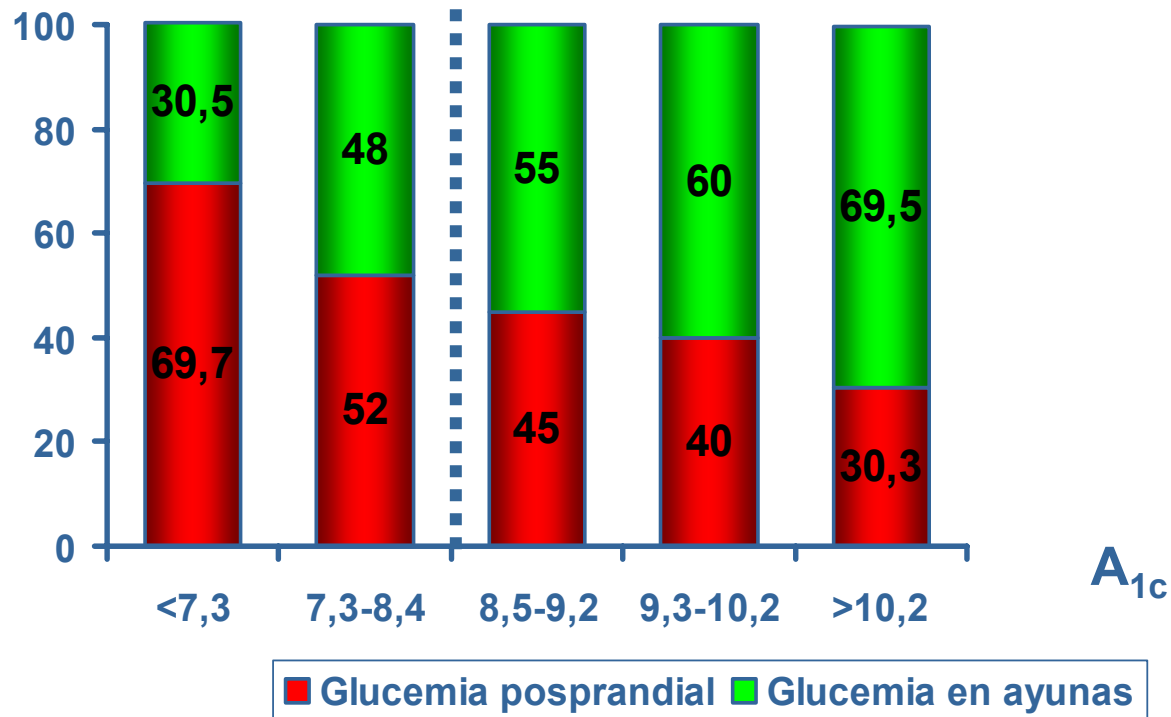
- 1: Si intolerancia a Metformina, utilizar Sulfonilureas
 - 2: Si intolerancia a Metformina, utilizar Glitazonas (preferentemente Pioglitazona)
 - 3: Si Sulfonilureas contraindicadas o conlleva riesgos, utilizar Glinidas (Repaglinida, Nateglinida)
 - 4: Si hipoglucemias recurrentes, insulina análoga lenta (Glargina o Determir)
 - 5: Revisar la necesidad de continuar con sulfonilureas o de disminuir su dosis por el riesgo de hipoglucemias.
- * La cifra de HbA1c > 7% es orientativa.
• El objetivo debe individualizarse en función del riesgo cardiovascular, comorbilidad, esperanza de vida y preferencias de vida del paciente.

A vertical decorative bar on the left side of the slide, featuring a colorful triangle pointing right at the top, with a gradient of green, blue, and purple. The rest of the bar has a blurred, multi-colored pattern.

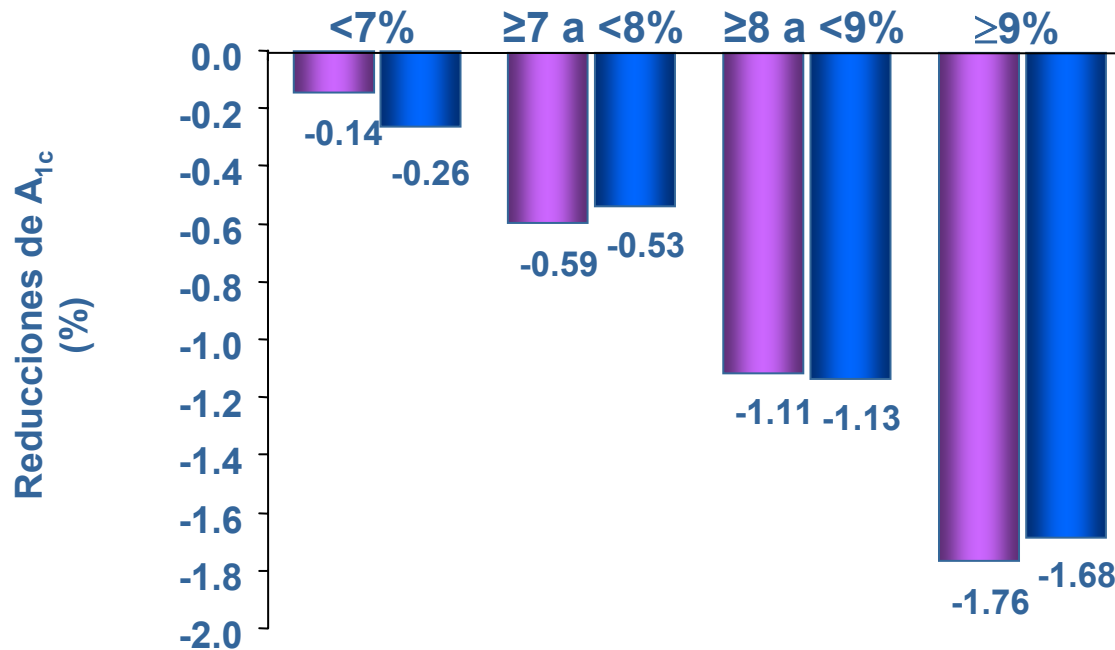
Objetivos en el tratamiento (1)

1. Obtener un control glucémico efectivo
2. Minimizar los efectos secundarios
3. Asegurar el cumplimiento terapéutico

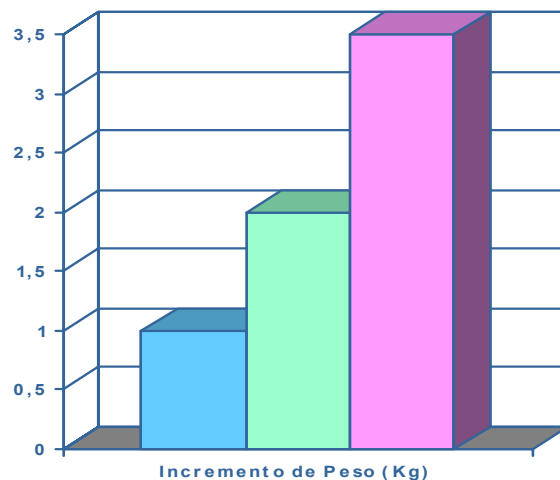
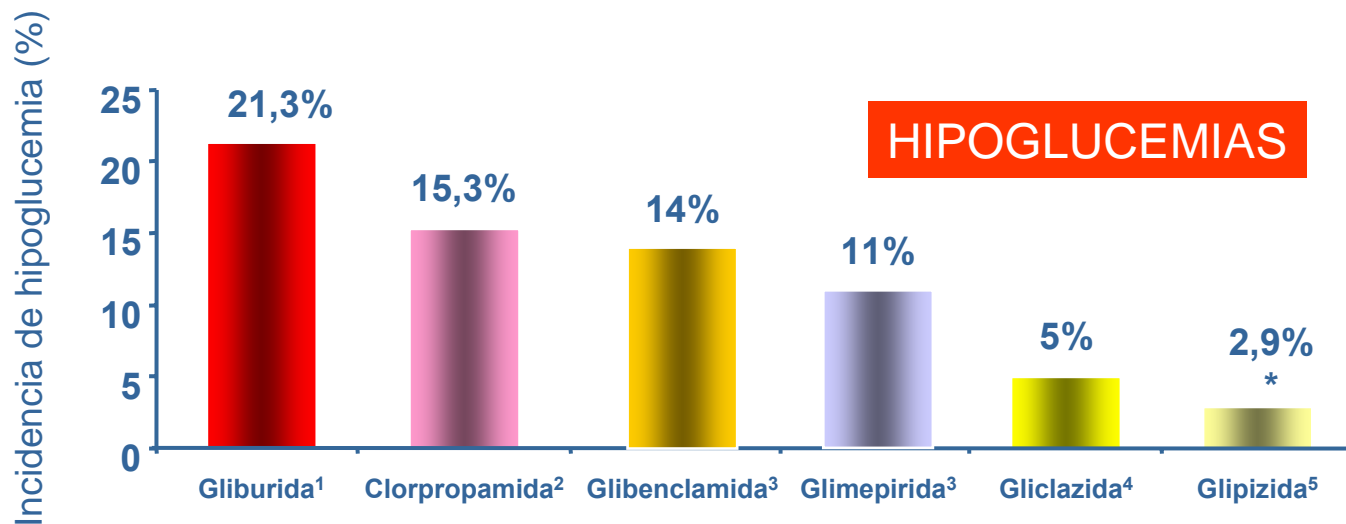
Control glucémico efectivo



Control glucémico efectivo



Efectos Secundarios

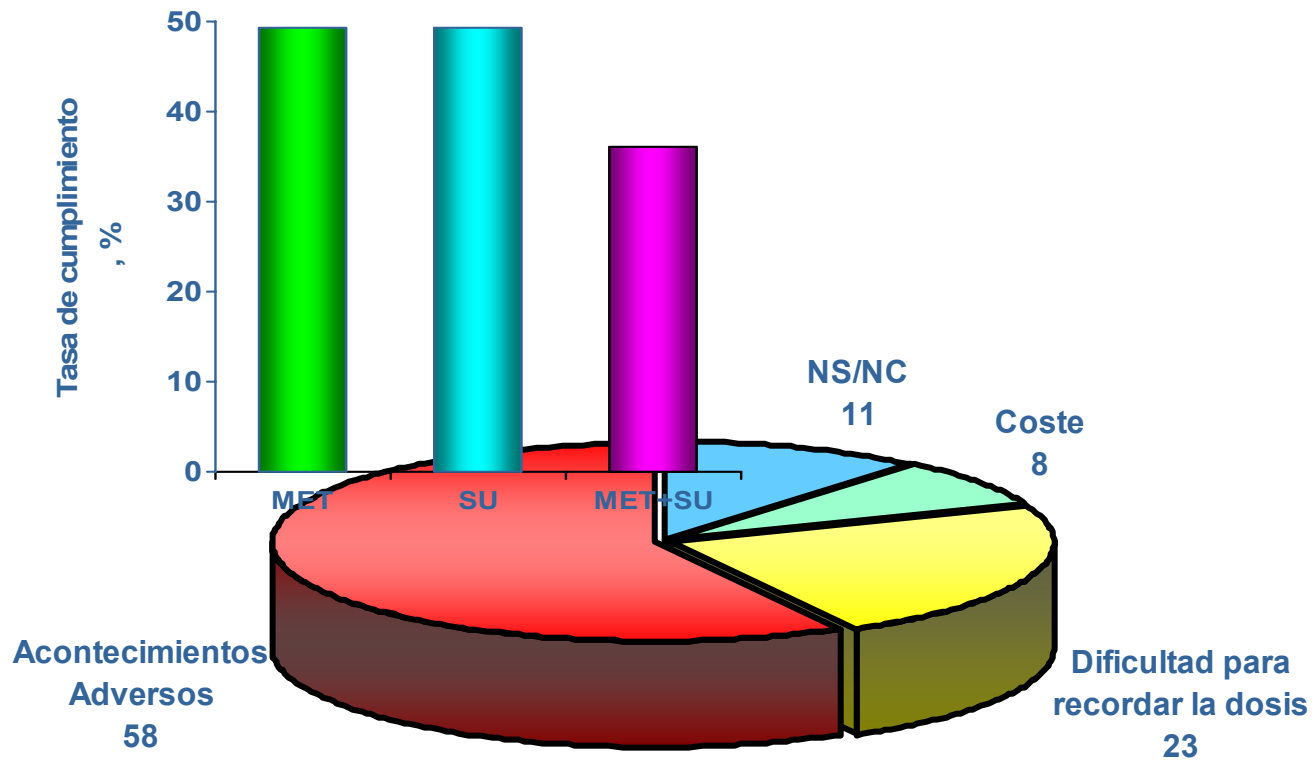


INCREMENTO PONDERAL

■ Dieta ■ Metformina ■ Sulfonil Ureas

(UKPDS 34). Lancet 352:854–865

Cumplimiento terapéutico





Objetivos en el tratamiento (2)

4. Abordaje fisiopatológico

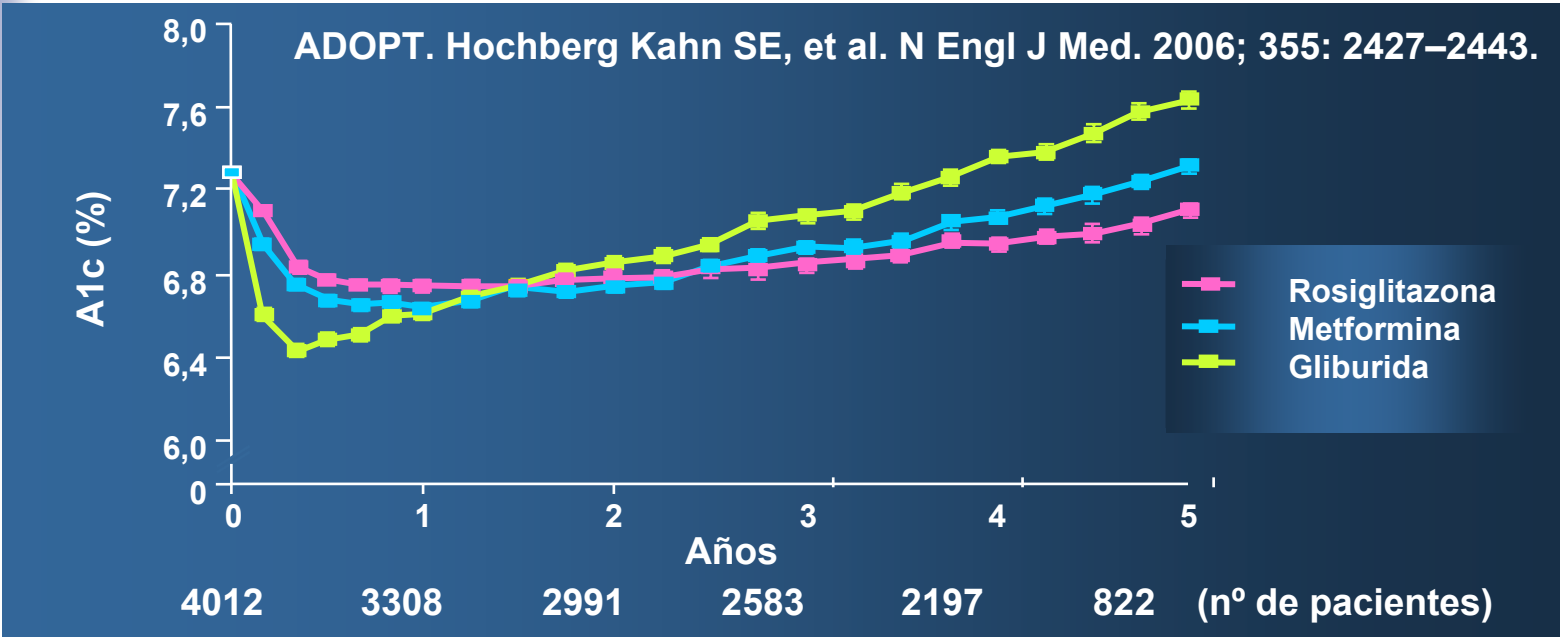
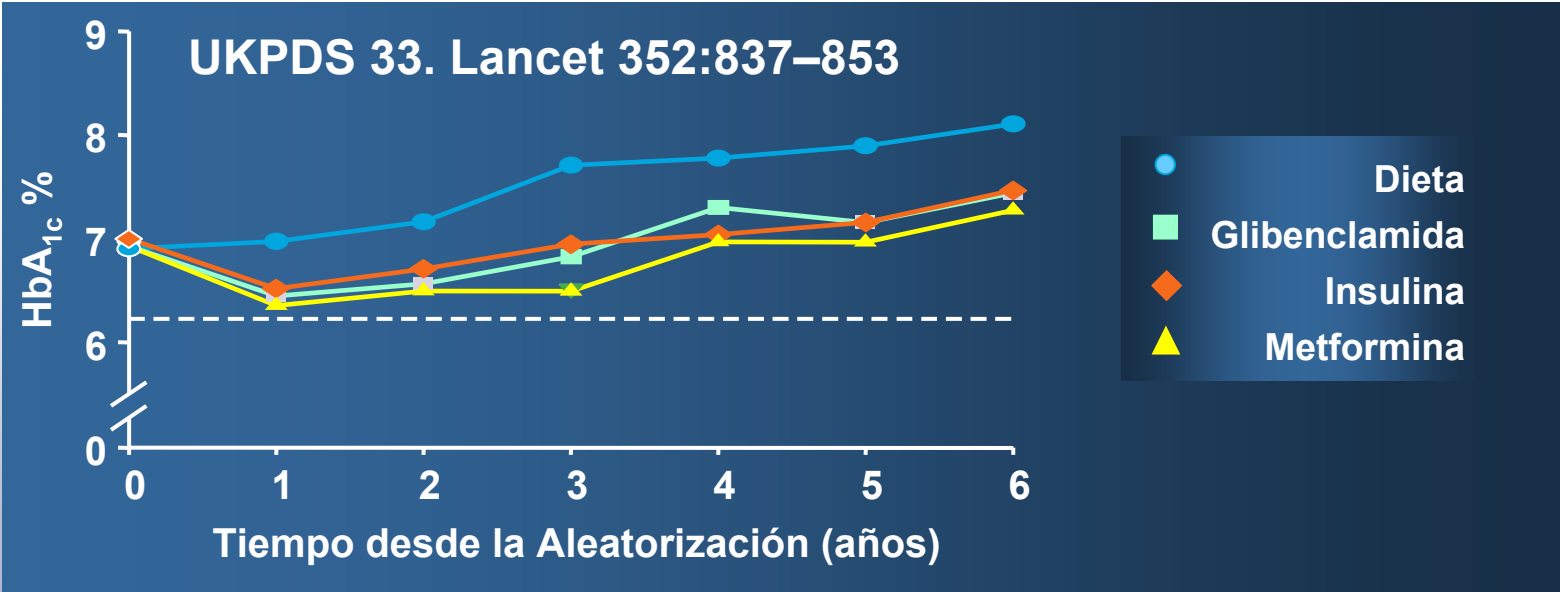
- Mejorar secreción y resistencia a la Insulina
- Evitar hiperglucemia en ayunas y postprandial
- Control glucémico sostenido

5. Reducir complicaciones

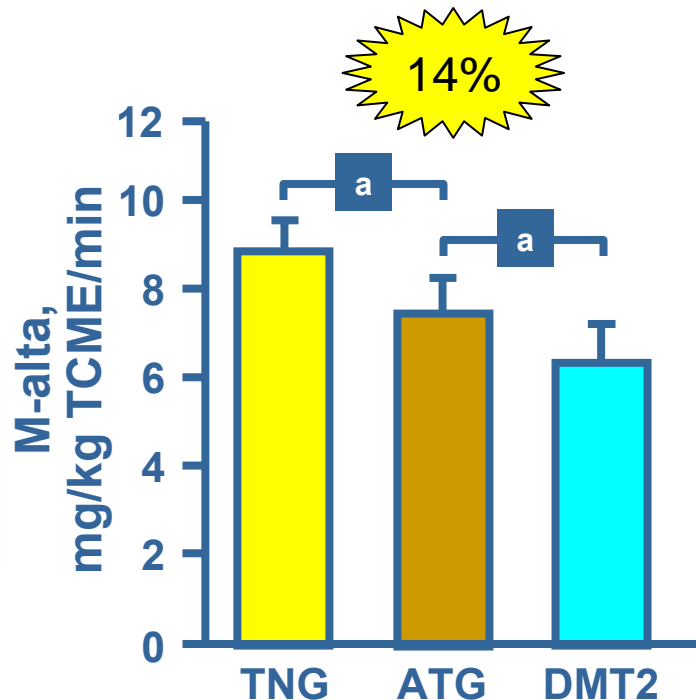
- Microvasculares
- Enfermedad cardiovascular

6. Mejorar perfil de seguridad

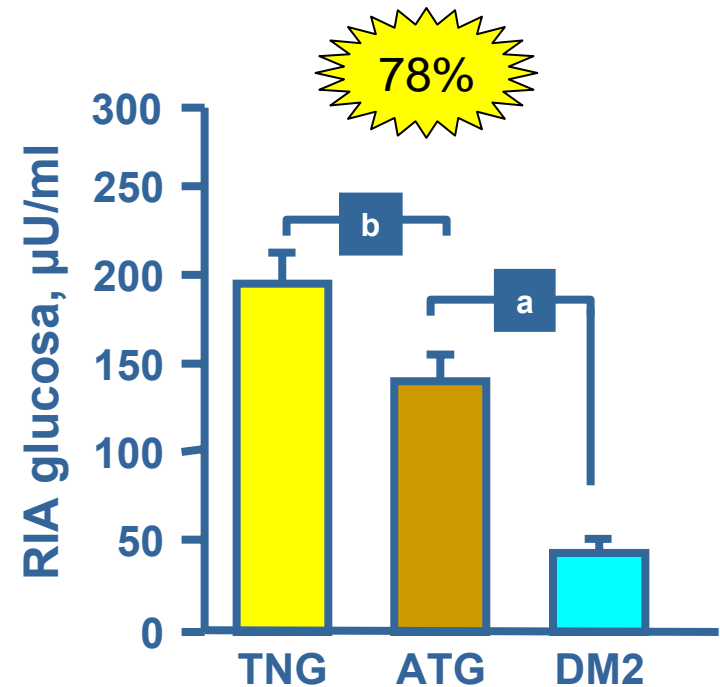
- Seguridad Cardiovascular
- Ausencia de efectos colaterales relevantes



Sensibilidad a la insulina



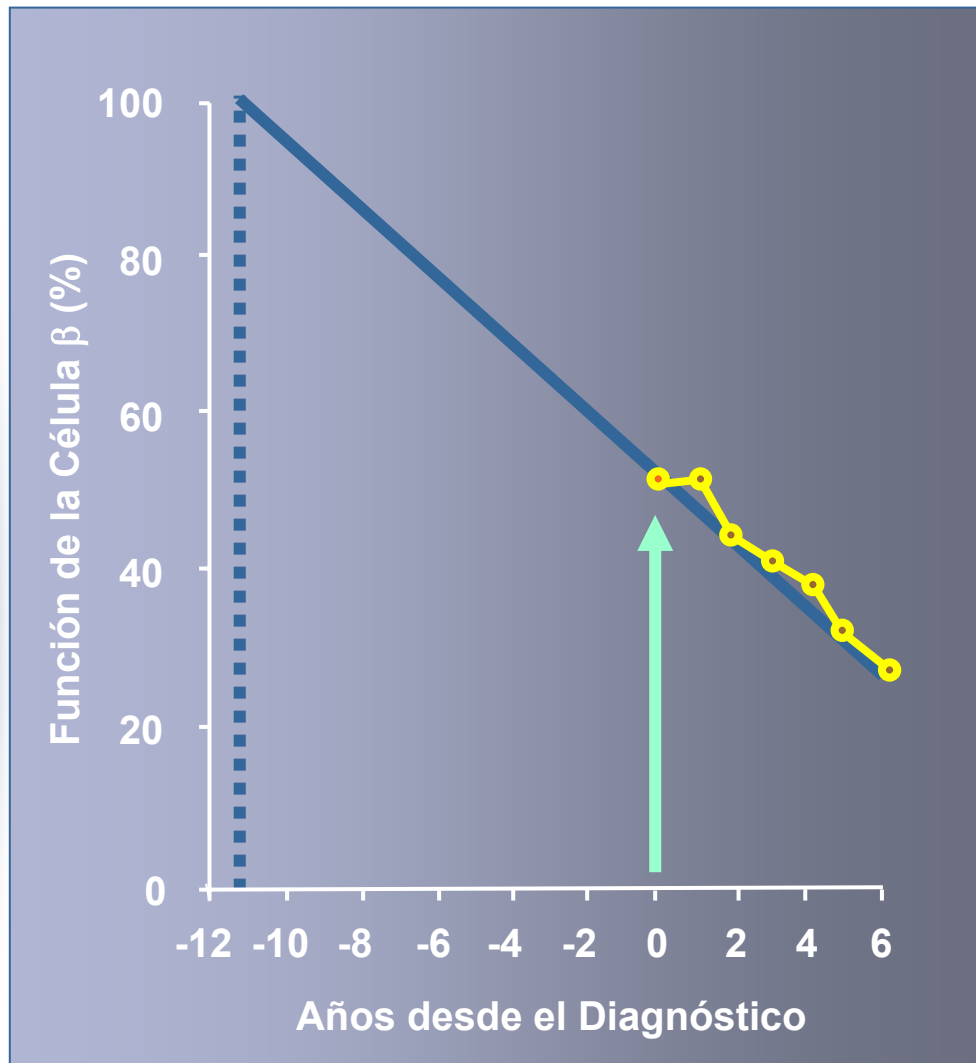
Secreción de insulina



Estudio longitudinal durante $5,1 \pm 1,4$ años
N= 45 indios Pima (17 con DM2)
Peso (Kg.) inicial: 93,7; Peso final:106,9

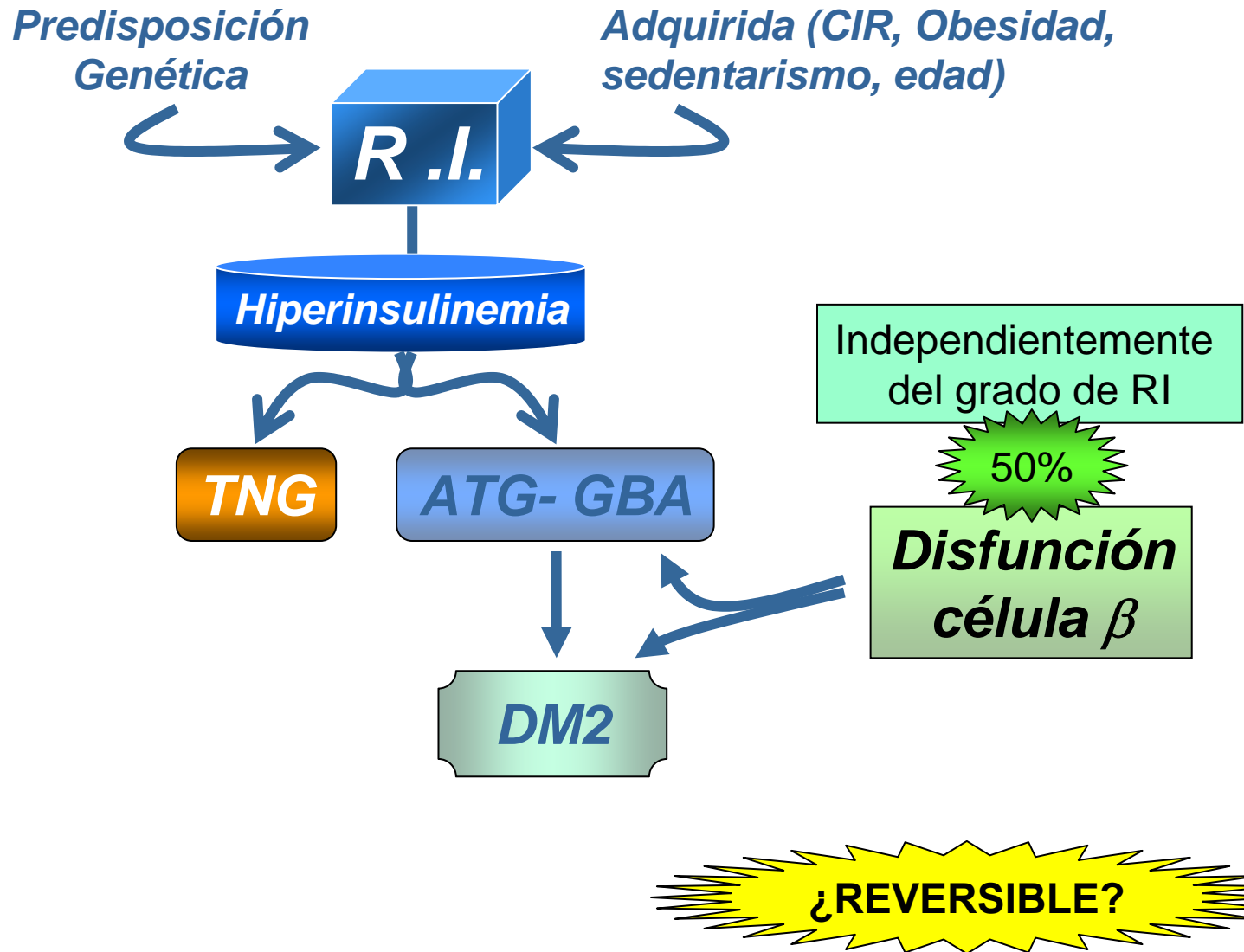
Wallace TM, Levy JC, MatthewsDR2004 Use and abuse of HOMA modeling. Diabetes Care 27:1487–1495

Weyer C, Bogardus C, Mott DM, Pratley RE 1999 The natural history of insulin secretory dysfunction and insulin resistance in the pathogenesis of type 2 diabetes mellitus. J Clin Invest 104:787–794



Se estima que la función de la célula β ya haya disminuido en un 50% en el momento del diagnóstico

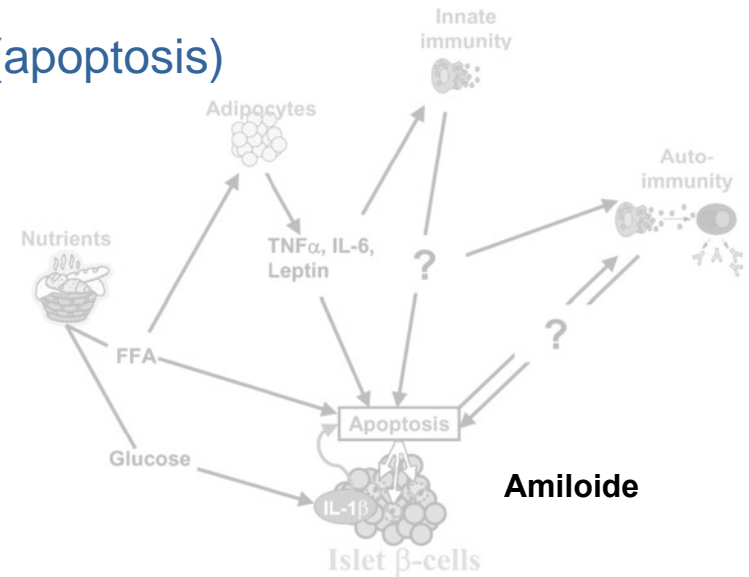
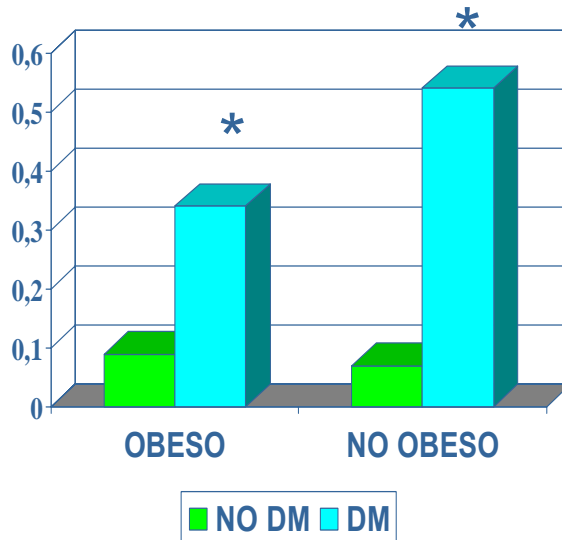
La función de la célula β disminuye progresivamente con el tiempo a razón de aproximadamente 6% por año



RI: resistencia a la insulina; TNG: tolerancia normal a la glucosa; TAG: tolerancia alterada a la glucosa; GBA: glucemia basal alterada

Disfunción de la célula β

- Deficiencia insulínica
- Defecto secretor
- Disminución de la masa celular (apoptosis)

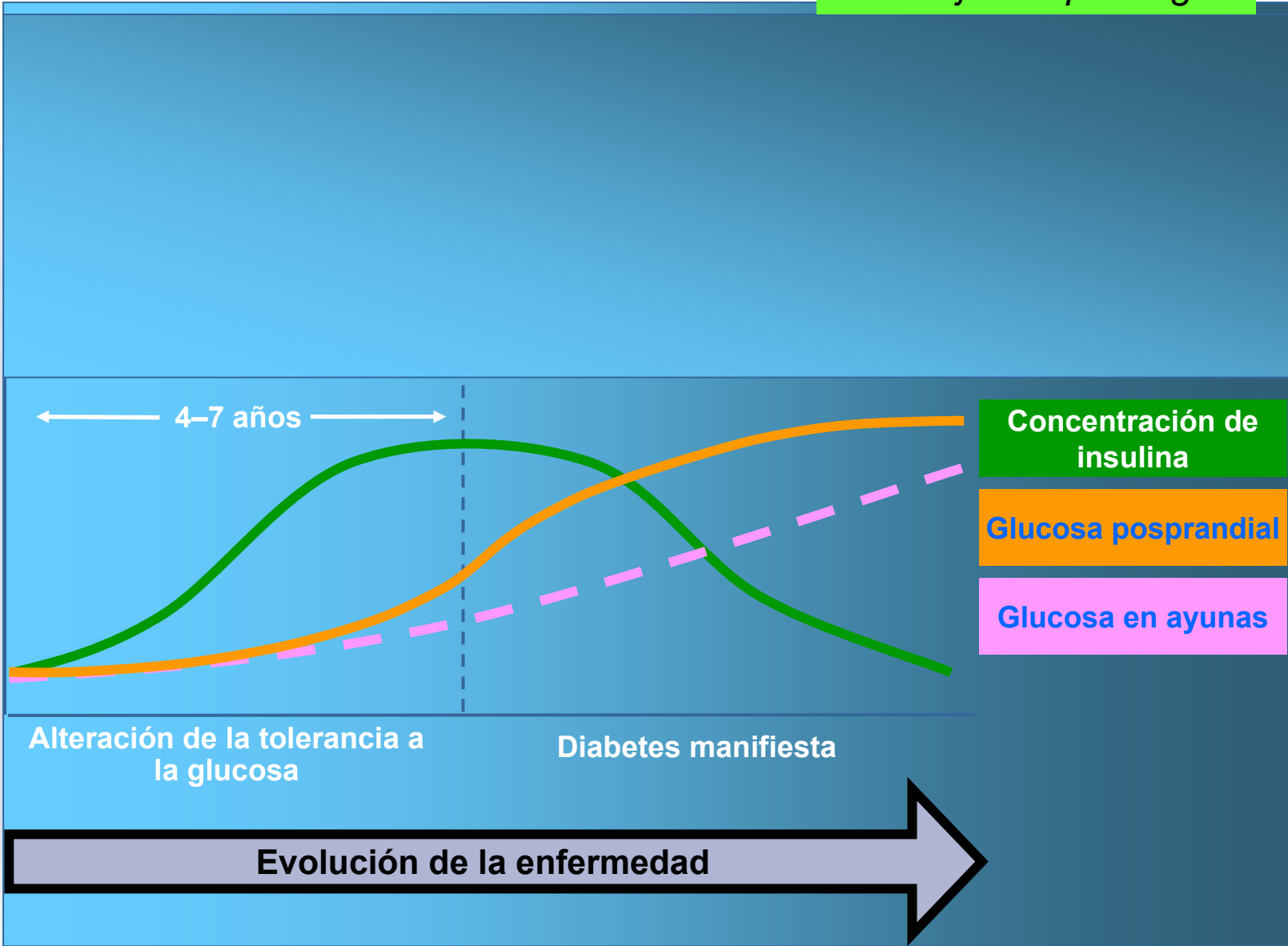


Secreción deficiente de insulina

Secreción excesiva de glucagón

- Alteración de la sensibilidad a la glucosa

Disfunción de la célula α



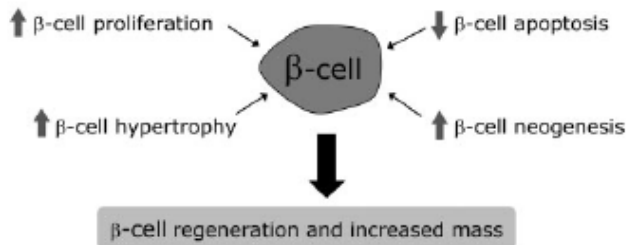
Primary Care, 26, Ramlo-Halsted BA, Edelman SV, The natural history of type 2 diabetes. Implications for clinical practice, 771-789, © 1999, con autorización de Elsevier.



Incretinas

- **Las incretinas son hormonas segregadas por las células endocrinas intestinales en respuesta a la ingesta de nutrientes**

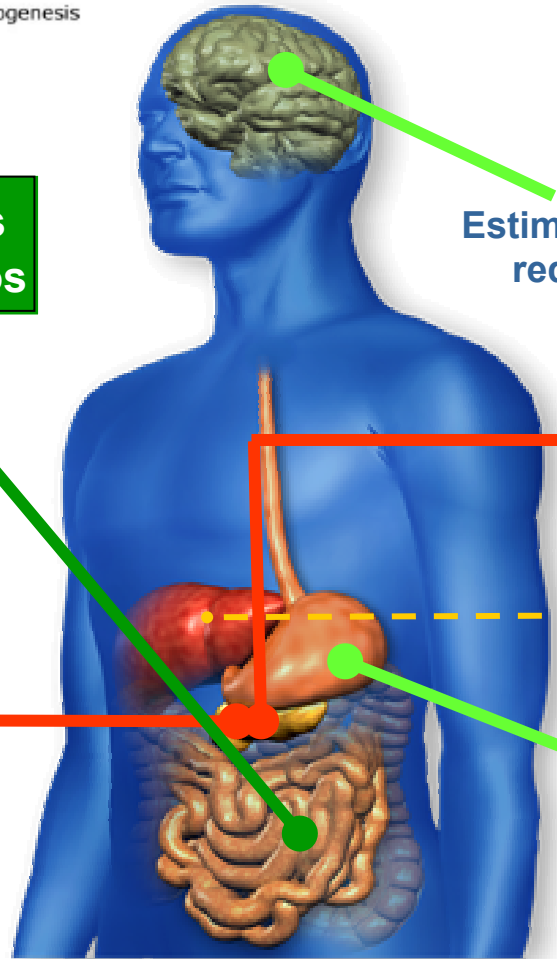
Key
↑↓ Arrows indicate effect of GLP-1



GLP 1 segregado tras la ingesta de alimentos

↑ Respuesta célula β

Células beta**:
Mejora la secreción de insulina dependiente de glucosa



Estimula la saciedad y reduce el apetito

↓ Carga de trabajo célula β

Células alfa:
↓ Secreción posprandial de glucagón dependiente de la glucosa

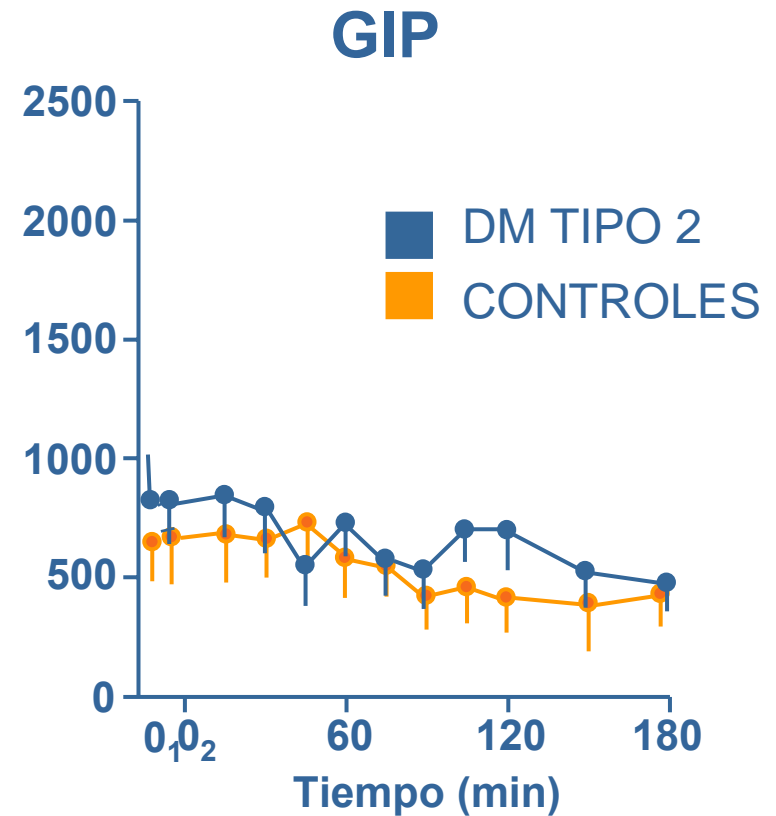
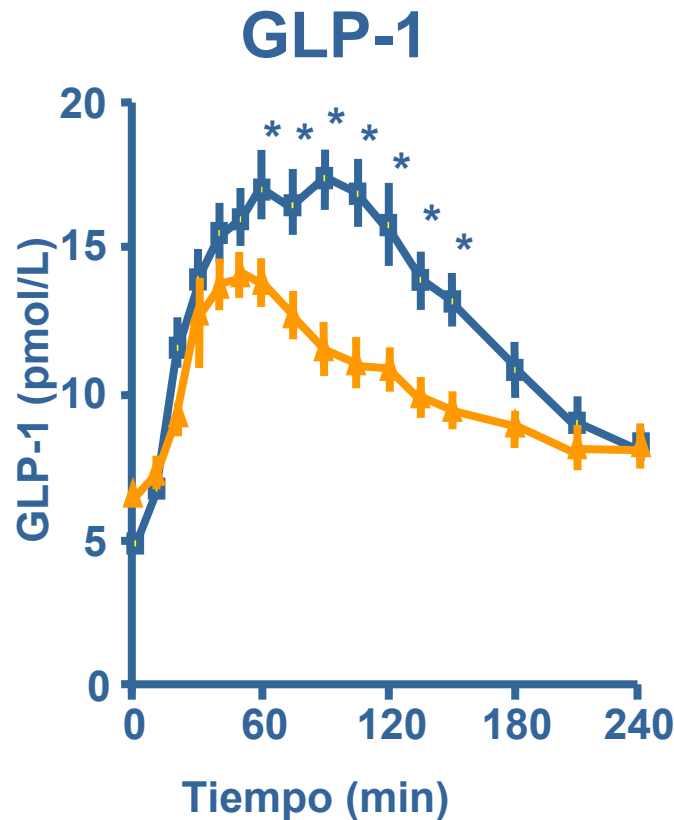
Hígado:
reducción de la producción hepática de glucosa

Estómago:
Enlentecimiento del vaciado gástrico

Adaptado de Flint A, et al. J Clin Invest. 1998;101:515-520.; Adaptado de Larsson H, et al. Acta Physiol Scand. 1997;160:413-422.; Adaptado de Nauck MA, et al. Diabetologia. 1996;39:1546-1553.; Adaptado de Drucker DJ. Diabetes. 1998;47:159-169.

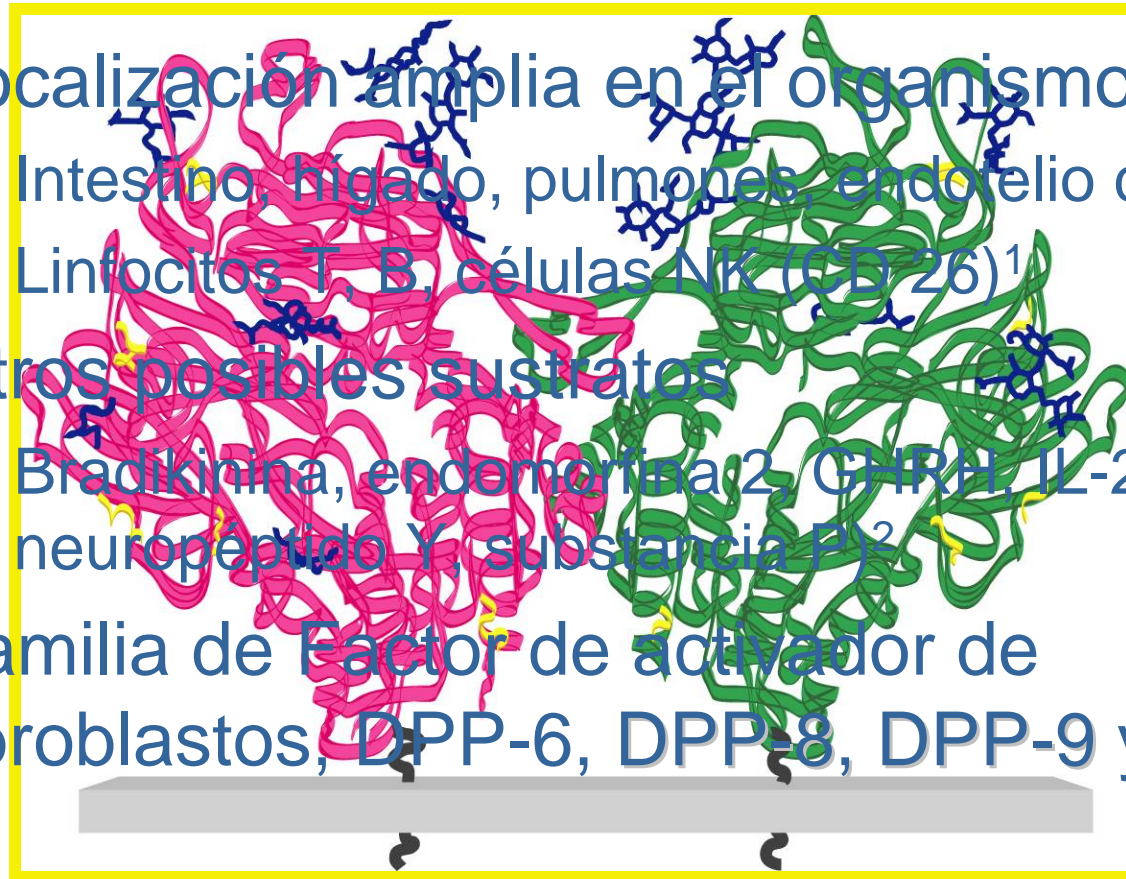
Incretinas en la DM 2

1. Disminución en la secreción
 2. Metabolismo acelerado
 3. Alteración en los receptores
 4. Interferencia de distintos neuropéptidos
- (Mannucci et al 2005, Nauck and El-Ouaghlidi 2005).

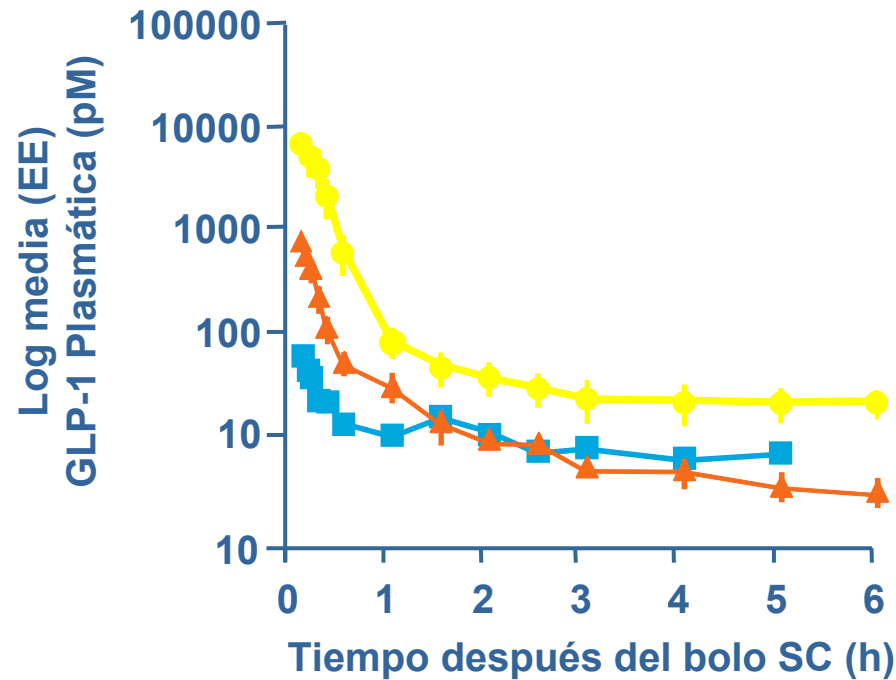
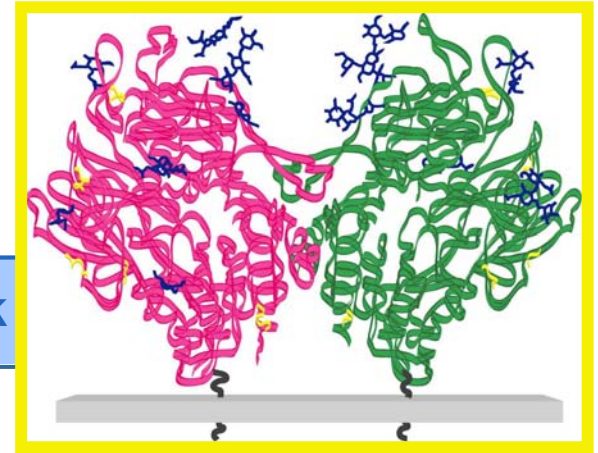


DPP-4

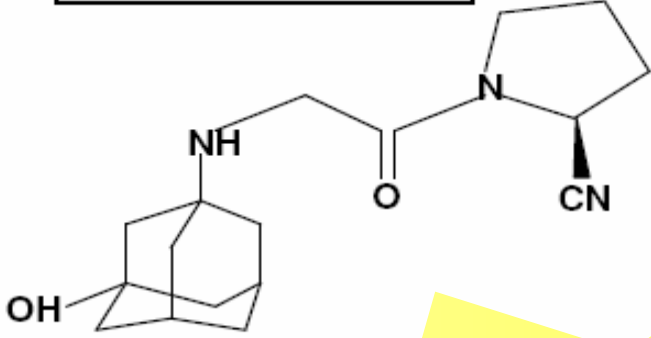
- Localización amplia en el organismo
 - Intestino, hígado, pulmones, endotelio capilar
 - Linfocitos T, B, células NK (CD 26)¹
- Otros posibles sustratos
 - Bradikinina, endomorfina 2, GHRH, IL-2, IL-1 β , neuropéptido Y, sustancia P²
- Familia de Factor de activador de fibroblastos, DPP-6, DPP-8, DPP-9 y DPP-4 β ³



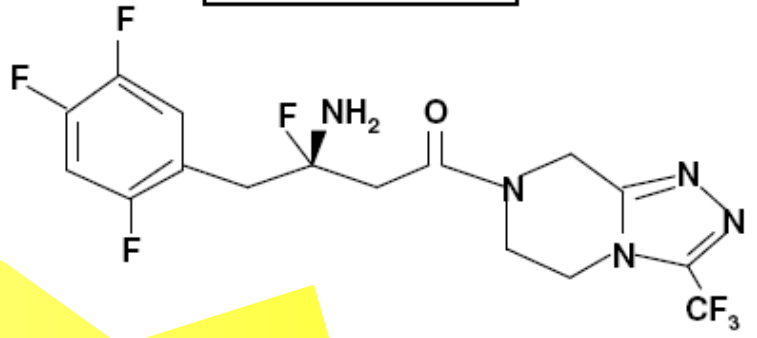
La DPP-4 divide GLP-1



VILDAGLIPTIN



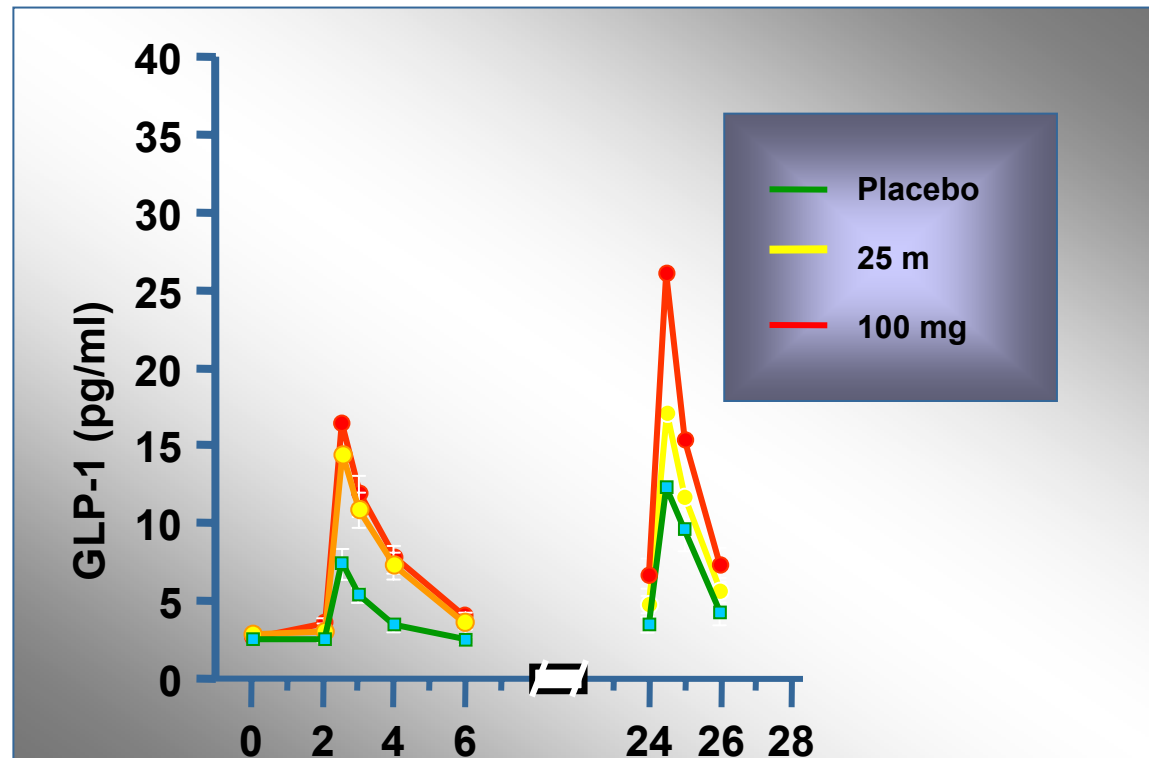
SITAGLIPTIN



Inhibidores de DPP-4



- Estrategia: prevenir la inactivación de las incretinas aumentando y prolongando sus efectos



Holst JJ, Deacon CF. 1998. Inhibition of the activity of dipeptidyl-peptidase IV as a treatment for type 2 diabetes. *Diabetes*, 47:1663–70.

Holst JJ, Deacon CF. 2005. Glucagon-like peptide-1 mediates the therapeutic actions of DPP-IV inhibitors. *Diabetologia*, 48:612–5.

Table 1 Clinically important pharmacokinetic/-dynamic parameters of current DPP-4 inhibitors

| | Sitagliptin | Vildagliptin |
|--|-------------|--------------|
| Selectivity for DPP-4 over DPP-8/9 [-fold] | >2600 | 32–250 |
| Absolute bioavailability [%] | 87 | 85 |
| Time to reach maximum plasma concentration, T_{max} [hr] | 2 | 1–2 |
| Volume of distribution [L] | 198 | 70.5 |
| Plasma protein binding [%] | 38 | 9 |
| Terminal half life, $T_{1/2}$ [hr] | 11.0 | 1.7* |
| Renal clearance [L/hr] | 21 | 13 |
| Elimination in urine [%] | 87 | 85 |
| Recommended dosage [mg/day] | 100 | 100 |

Notes: *100 mg once daily (2.5 hrs with 100 mg twice daily).

Abbreviations: DPP-4, dipeptidyl peptidase-4.

Farmacocinética no influida por edad, sexo o IMC; No interacciones
Ajuste en IR leve (S); no en IR e IH (S y V)

1. Inhibidores competitivos de DPP-4
2. Activos vía oral, absorbidos rápidamente y eliminados vía renal
3. La actividad DPP-4 es inhibida casi al 100% a los 15-30 minutos, y más del 80% a las 16 horas de la administración (2 fases)

DOSIS RECOMENDADA: 100 mg/día



| | DPP-IV inhibitors |
|--|-------------------|
| Administration | Orally available |
| GLP-1 concentrations | Physiological |
| Mechanism of actions | GLP-1 + GIP |
| Activation of portal glucose sensor | Yes |
| ↑ Insulin secretion | + |
| ↓ Glucagon secretion | ++ |
| Gastric emptying | +/- |
| Weight loss | No |
| Expansion of β -cell mass in preclinical studies | Yes |
| Nausea and vomiting | No |
| Potential immunogenicity | No |

β -Cell Failure in Diabetes and Preservation by Clinical Treatment

Bernardo L. Wajchenberg Endocrine Reviews, April 2007, 28(2):187–218

Emerging role of dipeptidyl peptidase-4 inhibitors in the management of type 2 diabetes

Bernd Richter

Elizabeth Bandeira-Echtler

Karla Bergerhoff

Christian Lerch

Vascular Health and Risk Management 2008;4(4) 753–768

HASTA 2 AÑOS; 6028 (S)/5239 (V)

Table 2 Main baseline characteristics (mean values across all study arms) of randomized controlled trials of DPP-4 inhibitors

| | Sitagliptin Intervention ^a | Control ^b | Vildagliptin Intervention ^a | Control ^b |
|--|--|----------------------|---|----------------------|
| Female sex [%] | 49.2 | 47.7 | 45.9 | 45.2 |
| Age [yrs] | 55.0 | 54.2 | 54.4 | 54.2 |
| Ethnic group, white participants [%] | 68.8 | 59.1 | 67.5 | 67.2 |
| Duration of disease [yrs] | 4.5 | 4.7 | 3.3 | 4.4 |
| Body mass index [kg/m ²] | 31.5 | 31.7 | 31.4 | 31.8 |
| Pharmaco-naïve patients ^c [%] | 39.9 | 45.4 | ^d | ^d |
| HbA _{1c} [%] | 8.0 | 8.5 | 8.2 | 8.4 |

Notes: ^aintervention indicates active sitagliptin or vildagliptin treatment; ^bcontrol denotes placebo or hypoglycemic comparator; ^ctype 2 diabetic patients on exercise and/or diet only; ^dpatients on no antidiabetic drugs was an inclusion criterion in 7/12 studies.

Abbreviations: DPP-4, dipeptidyl peptidase-4; HbA_{1c}, hemoglobin A1c.

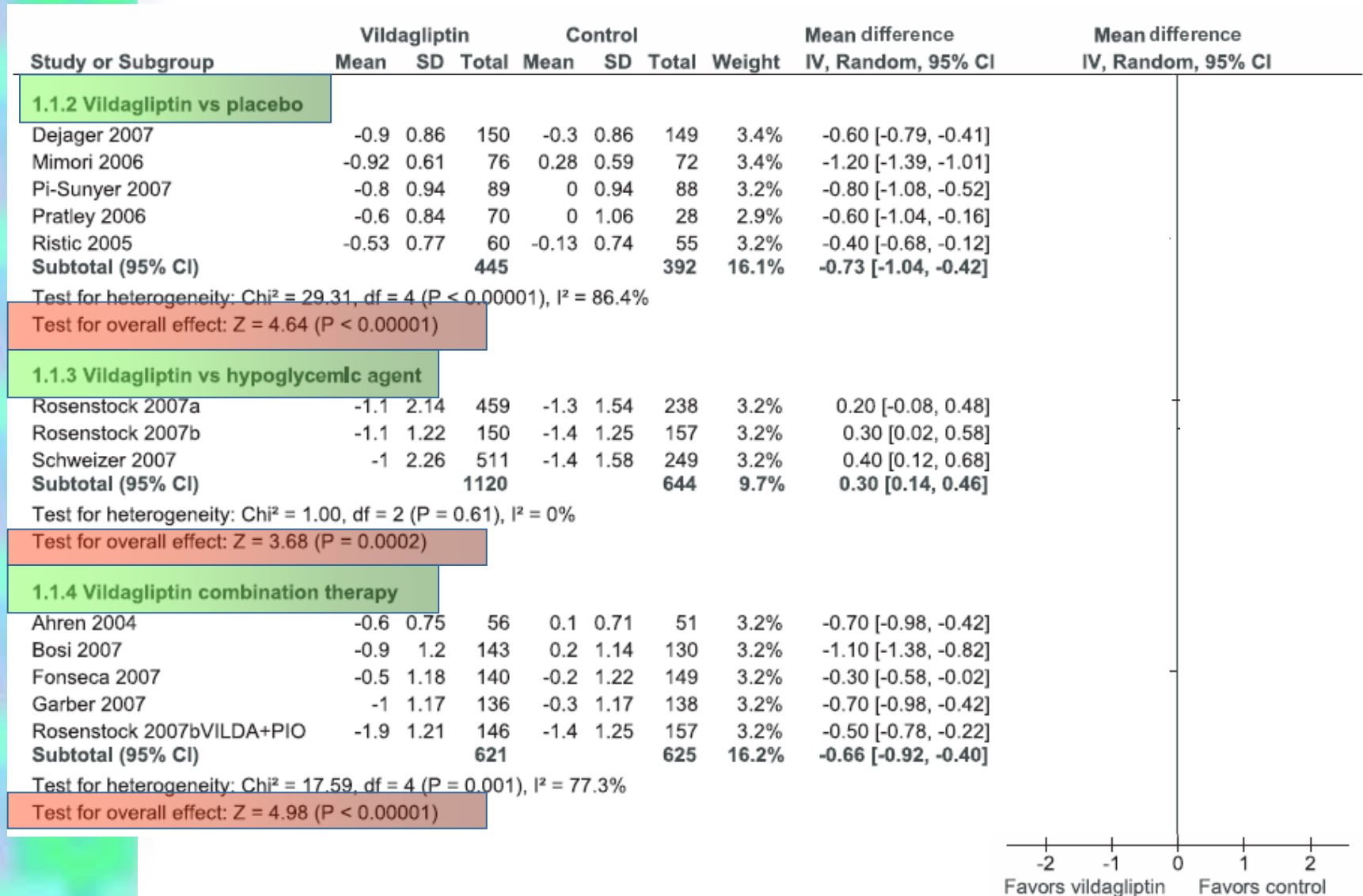
Vildagliptina

Ahrén et al 2004b; Ristic, et al 2005; Mimori et al 2006; Pratley et al 2006; Bosi et al 2007; Dejager et al 2007; Fonseca et al 2007; Garber et al 2007; Pi-Sunyer et al 2007; Rosenstock et al 2007a, 2007b; Schweizer et al 2007

Sitagliptina

Aschner et al 2006; Charbonnel et al 2006; Nonaka et al 2006; Raz et al 2006; Rosenstock et al 2006; Goldstein et al 2007; Hanefeld et al 2007; Hermansen et al 2007; Nauck et al 2007; Scott et al 2007.

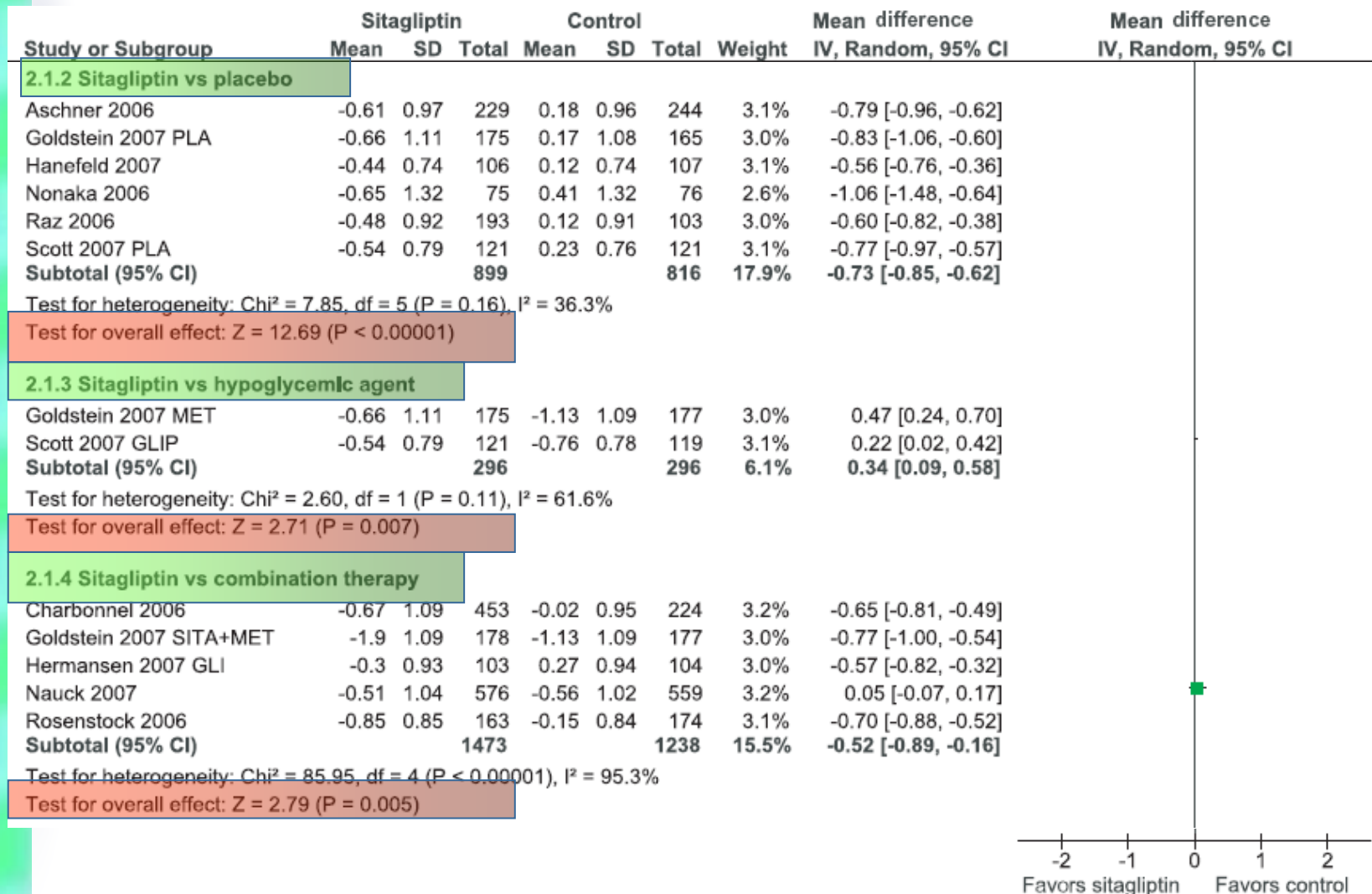
VILDAGLIPTINA: A1c



Emerging role of dipeptidyl peptidase-4 inhibitors in the management of type 2 diabetes

Bernd Richter Vascular Health and Risk Management 2008;4(4) 753-768

SITAGLIPTINA: A1c

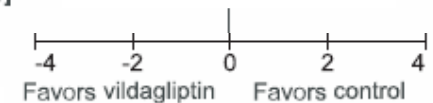


VILDAGLIPTINA y SITAGLIPTINA: Peso

| Study or Subgroup | Vildagliptin | | | Control | | | Weight | Mean difference IV, Random, 95% CI [kg] | Mean difference IV, Random, 95% CI [kg] |
|--------------------------------------|--------------|---------|-------------|-----------|---------|------------|--------------|--|--|
| | Mean [kg] | SD [kg] | Total | Mean [kg] | SD [kg] | Total | | | |
| 1.3.1 Vildagliptin vs control | | | | | | | | | |
| Ahren 2004 | -0.4 | 1.5 | 56 | -0.5 | 1.4 | 51 | 6.0% | 0.10 [-0.45, 0.65] | |
| Bosi 2007 | 0.2 | 3.6 | 143 | -1 | 3.4 | 130 | 5.5% | 1.20 [0.37, 2.03] | |
| Dejager 2007 | -0.8 | 3.8 | 92 | -1.4 | 3.9 | 94 | 5.0% | 0.60 [-0.51, 1.71] | |
| Fonseca 2007 | 1.3 | 3.5 | 140 | 0.6 | 3.7 | 149 | 5.5% | 0.70 [-0.13, 1.53] | |
| Pi-Sunyer 2007 | -0.4 | 2.8 | 89 | -1.4 | 3.8 | 88 | 5.2% | 1.00 [0.02, 1.98] | |
| Ristic 2005 | -0.07 | 2.5 | 63 | -0.73 | 2.5 | 58 | 5.4% | 0.66 [-0.23, 1.55] | |
| Rosenstock 2007b | 0.2 | 3.7 | 150 | 1.5 | 3.8 | 157 | 5.5% | -1.30 [-2.14, -0.46] | |
| Rosenstock 2007bVILDA+PIO | 2.1 | 3.6 | 146 | 1.5 | 3.8 | 157 | 5.5% | 0.60 [-0.23, 1.43] | |
| Schweizer 2007 | 0.3 | 4.5 | 511 | -1.9 | 0.3 | 47 | 6.2% | 2.20 [1.80, 2.60] | |
| Subtotal (95% CI) | | | 1390 | | | 931 | 50.0% | 0.65 [-0.11, 1.41] | |

Test for heterogeneity: $\text{Chi}^2 = 76.50$, $\text{df} = 8$ ($P < 0.00001$), $I^2 = 89.5\%$

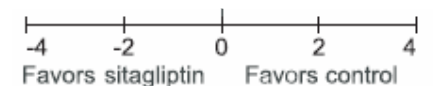
Test for overall effect: $Z = 1.68$ ($P = 0.09$)



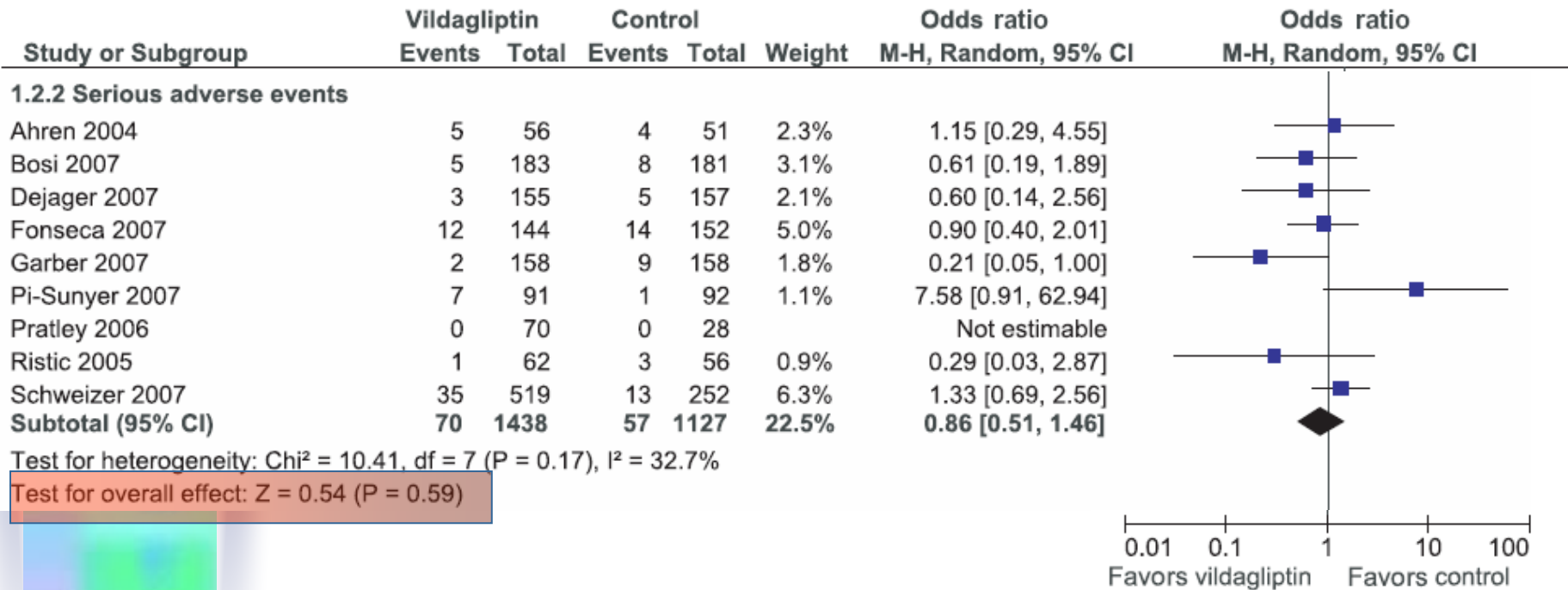
| Study or Subgroup | Sitagliptin | | | Control | | | Weight | Mean difference IV, Random, 95% CI [kg] | Mean difference IV, Random, 95% CI [kg] |
|-------------------------------------|-------------|---------|-------------|-----------|---------|-------------|--------------|--|--|
| | Mean [kg] | SD [kg] | Total | Mean [kg] | SD [kg] | Total | | | |
| 2.3.1 Sitagliptin vs control | | | | | | | | | |
| Aschner 2006 | -0.2 | 3 | 229 | -1.1 | 3.1 | 244 | 6.7% | 0.90 [0.35, 1.45] | |
| Charbonnel 2006 | -0.7 | 5.9 | 453 | -0.6 | 5.9 | 224 | 6.0% | -0.10 [-1.04, 0.84] | |
| Goldstein 2007 PLA | 0 | 3.2 | 175 | -0.9 | 3.2 | 165 | 6.5% | 0.90 [0.22, 1.58] | |
| Hermansen 2007 GLI | 1.1 | 3.4 | 103 | 0 | 3.4 | 104 | 6.0% | 1.10 [0.17, 2.03] | |
| Hermansen 2007 GLIM+MET | 0.4 | 2.7 | 115 | -0.7 | 3.4 | 107 | 6.2% | 1.10 [0.29, 1.91] | |
| Nauck 2007 | -1.5 | 6.7 | 576 | 1.1 | 6.6 | 559 | 6.3% | -2.60 [-3.37, -1.83] | |
| Raz 2006 | -0.6 | 2.8 | 193 | -0.7 | 3.1 | 103 | 6.4% | 0.10 [-0.62, 0.82] | |
| Rosenstock 2006 | 1.8 | 4.2 | 163 | 1.5 | 4.4 | 174 | 6.0% | 0.30 [-0.62, 1.22] | |
| Subtotal (95% CI) | | | 2007 | | | 1680 | 50.0% | 0.21 [-0.64, 1.07] | |

Test for heterogeneity: $\text{Chi}^2 = 69.09$, $\text{df} = 7$ ($P < 0.00001$), $I^2 = 89.9\%$

Test for overall effect: $Z = 0.49$ ($P = 0.62$)



VILDAGLIPTINA : Efectos adversos graves



Hipoglucemias

SITAGLIPTINA : Efectos adversos graves

| Study or Subgroup | Sitagliptin | | Control | | Weight | Odds ratio M-H, Fixed, 95% CI | Odds ratio M-H, Fixed, 95% CI |
|-------------------------------------|-------------|-------------|------------|-------------|--------------|----------------------------------|----------------------------------|
| | Events | Total | Events | Total | | | |
| 2.2.2 Serious adverse events | | | | | | | |
| Aschner 2006 | 14 | 238 | 10 | 253 | 2.5% | 1.52 [0.66, 3.49] | |
| Charbonnel 2006 | 13 | 464 | 7 | 237 | 2.5% | 0.95 [0.37, 2.41] | |
| Goldstein 2007 MET | 9 | 179 | 2 | 182 | 0.5% | 4.76 [1.01, 22.37] | |
| Goldstein 2007 PLA | 9 | 179 | 10 | 176 | 2.6% | 0.88 [0.35, 2.22] | |
| Goldstein 2007 SITA+MET | 1 | 182 | 2 | 182 | 0.5% | 0.50 [0.04, 5.53] | |
| Hanefeld 2007 | 3 | 110 | 2 | 111 | 0.5% | 1.53 [0.25, 9.33] | |
| Hermansen 2007 GLI | 5 | 116 | 6 | 106 | 1.7% | 0.75 [0.22, 2.54] | |
| Hermansen 2007 GLIM+MET | 7 | 106 | 2 | 113 | 0.5% | 3.92 [0.80, 19.33] | |
| Nauck 2007 | 43 | 588 | 44 | 584 | 11.3% | 0.97 [0.63, 1.50] | |
| Raz 2006 | 8 | 205 | 3 | 110 | 1.0% | 1.45 [0.38, 5.57] | |
| Rosenstock 2006 | 5 | 175 | 8 | 178 | 2.1% | 0.63 [0.20, 1.95] | |
| Scott 2007 GLIP | 3 | 122 | 6 | 123 | 1.6% | 0.49 [0.12, 2.01] | |
| Scott 2007 PLA | 3 | 122 | 4 | 125 | 1.1% | 0.76 [0.17, 3.48] | |
| Subtotal (95% CI) | 123 | 2786 | 106 | 2480 | 28.5% | 1.07 [0.82, 1.40] | |

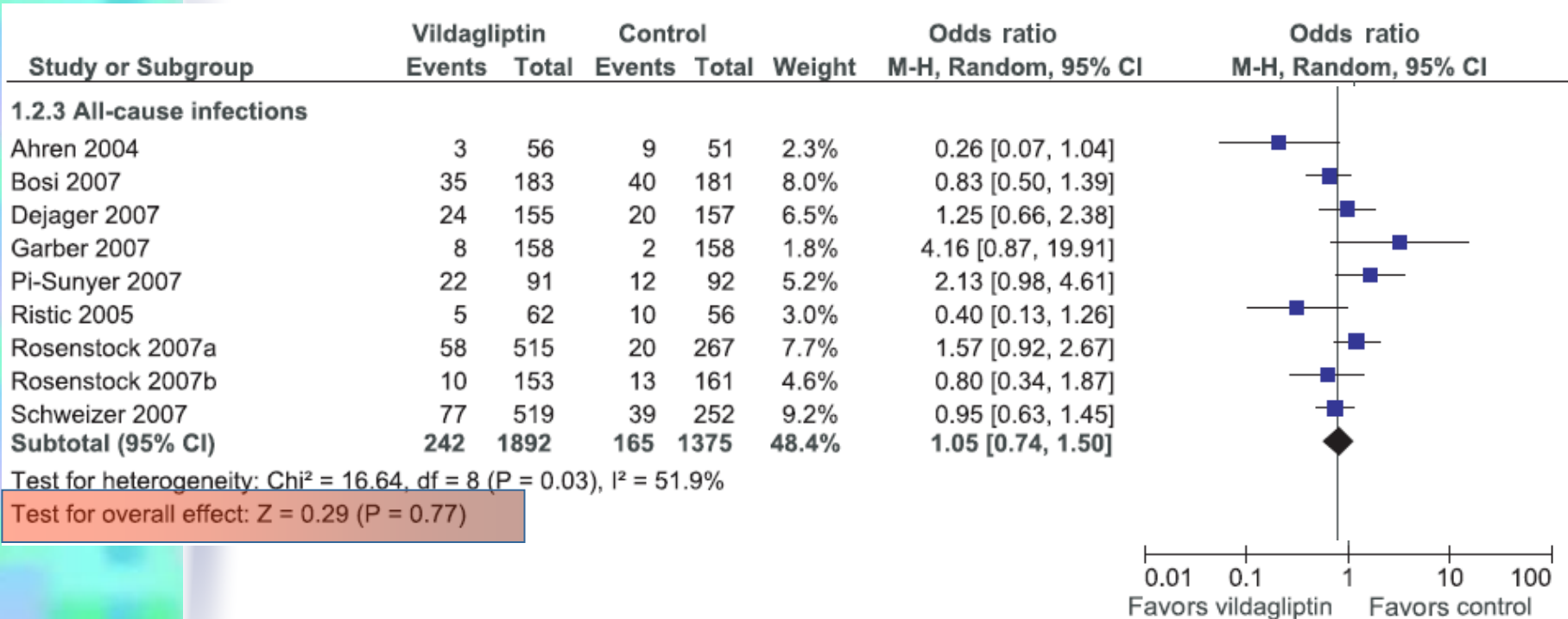
Test for heterogeneity: $\text{Chi}^2 = 10.54$, $\text{df} = 12$ ($P = 0.57$), $I^2 = 0\%$

Test for overall effect: $Z = 0.52$ ($P = 0.60$)

Hipoglucemias

0.01 0.1 1 10 100
Favors sitagliptin Favors control

VILDAGLIPTINA : Infecciones

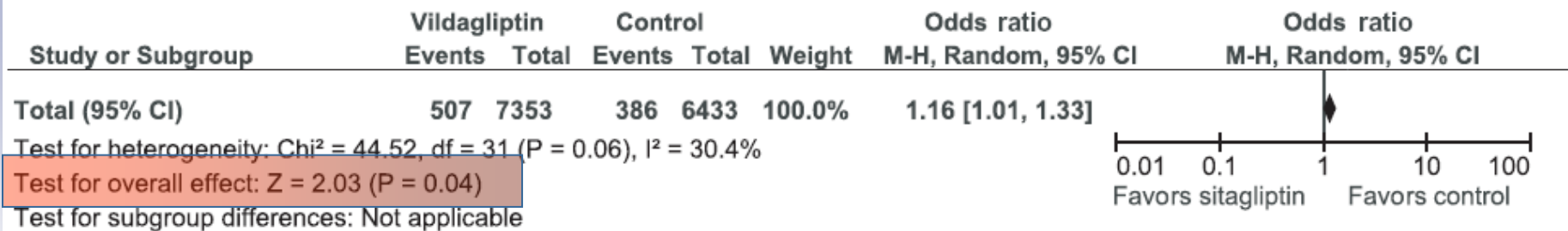
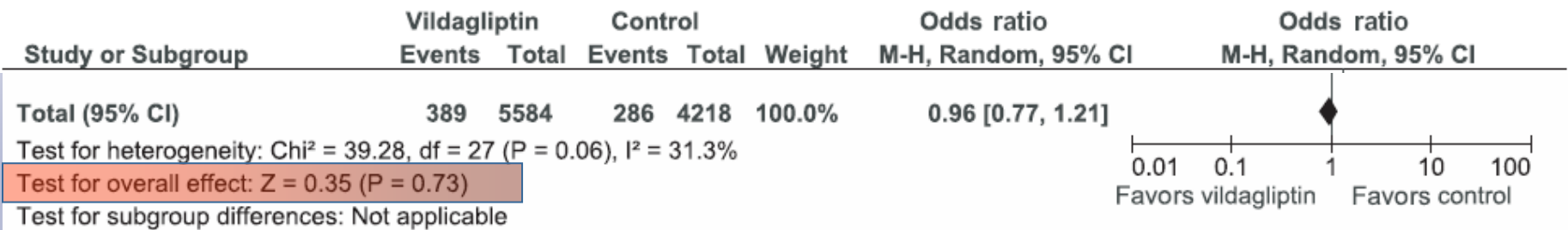


SITAGLIPTINA : Infecciones

| Study or Subgroup | Vildagliptin | | Control | | Weight | Odds ratio M-H, Random, 95% CI | Odds ratio M-H, Random, 95% CI |
|--|--------------|-------------|------------|-------------|--------------|-----------------------------------|-----------------------------------|
| | Events | Total | Events | Total | | | |
| 2.2.3 All-cause infections | | | | | | | |
| Aschner 2006 | 48 | 238 | 53 | 253 | 11.3% | 0.95 [0.62, 1.48] | |
| Charbonnel 2006 | 77 | 464 | 39 | 237 | 11.9% | 1.01 [0.66, 1.54] | |
| Hanefeld 2007 | 9 | 110 | 2 | 111 | 0.5% | 4.86 [1.02, 23.02] | |
| Nauck 2007 | 113 | 588 | 71 | 584 | 15.9% | 1.72 [1.25, 2.37] | |
| Raz 2006 | 23 | 205 | 9 | 110 | 2.9% | 1.42 [0.63, 3.18] | |
| Rosenstock 2006 | 18 | 175 | 13 | 178 | 3.2% | 1.46 [0.69, 3.07] | |
| Subtotal (95% CI) | 288 | 1780 | 187 | 1473 | 45.6% | 1.34 [1.10, 1.64] | |
| Test for heterogeneity: $\text{Chi}^2 = 9.04$, $\text{df} = 5$ ($P = 0.11$), $I^2 = 44.7\%$ | | | | | | | |
| Test for overall effect: $Z = 2.86$ ($P = 0.004$) | | | | | | | |

0.01 0.1 1 10 100
Favors sitagliptin Favors control

VILDAGLIPTINA y SITAGLIPTINA : Efectos Adversos



Safety and tolerability of sitagliptin in patients with type 2 diabetes: a pooled analysis

Debora Williams-Herman*, Elizabeth Round, Arlene S Swern, Bret Musser, Michael J Davies, Peter P Stein, Keith D Kaufman and John M Amatruda

BMC Endocrine Disorders 2008, **8**:14 doi:10.1186/1472-6823-8-14

Table 6: Clinical adverse experiences occurring at an incidence rate $\geq 1\%$ in any group

| Adverse Experience | Sitagliptin 100 mg n (%) (N = 3415) | Non-Exposed n (%) (N = 2724) | Difference between Sitagliptin and Non-Exposed, % (95% CI)* |
|-----------------------------------|---|------------------------------------|---|
| Influenza | 145 (4.2) | 127 (4.7) | -0.4 (-1.5, 0.6) |
| Nasopharyngitis | 244 (7.1) | 162 (5.9) | 1.2 (-0.1, 2.4) |
| Pharyngitis | 52 (1.5) | 35 (1.3) | 0.2 (-0.4, 0.8) |
| Sinusitis | 80 (2.3) | 60 (2.2) | 0.1 (-0.6, 0.9) |
| Upper Respiratory Tract Infection | 265 (7.8) | 228 (8.4) | -0.6 (-2.0, 0.8) |
| Urinary Tract Infection | 134 (3.9) | 100 (3.7) | 0.3 (-0.7, 1.2) |
| Bronchitis | 135 (4.0) | 83 (3.0) | 0.9 (-0.0, 1.8) |
| Cellulitis | 28 (0.8) | 26 (1.0) | -0.1 (-0.6, 0.3) |

“There were no meaningful differences observed between treatment groups in the incidence rate, severity, and type of infections”.

VILDAGLIPTINA y SITAGLIPTINA : función célula β

TABLE 7. Clinical evidence of incretin enhancer (sitagliptin and vildagliptin) effects on β -cell function in humans with DM2

| Peptide | Added medication | Ref. | Findings |
|--------------|--|------|--|
| Sitagliptin | Monotherapy (24 wk) | 230 | Postmeal \uparrow Insulin and C-peptide AUC \uparrow Ratio insulin AUC/glucose AUC \uparrow HOMA- β \downarrow PI/IRI ratio |
| | Monotherapy or + metformin (24 wk) | 231 | Postmeal \uparrow Insulin and C-peptide AUC \uparrow Ratio insulin AUC/glucose AUC \uparrow HOMA- β \downarrow PI/IRI ratio |
| | | 232 | Postprandial β -cell function \uparrow β -cell responsiveness to basal glucose \uparrow β -cell responsiveness to above-basal glucose after meal \uparrow Disposition index ^a |
| Vildagliptin | Monotherapy (4 wk) | 236 | Postmeal β -cell function \uparrow Insulin secretion at any given glucose level No change in slope of β -cell dose response and other model parameters |
| | + Metformin or metformin alone (52 wk) | 237 | Postmeal β -cell function Vildagliptin + metformin: \uparrow postprandial insulin secretion, \uparrow insulin sensitivity to meal intake, \uparrow adaptation index (insulin secretion \times insulin sensitivity) Placebo + metformin: \downarrow postprandial insulin secretion and \downarrow adaptation index. No change in insulin sensitivity during meal intake |
| | Monotherapy (12 wk) | 243 | FSIVGTT \uparrow AIR _g , \uparrow S _i \uparrow Disposition index ^a |

^a S_i \times AIR_g.



En asociación con Metformina

**¿Sulfonil Ureas o Inhibidores
de DPP-4?**

Efficacy and safety of the dipeptidyl peptidase-4 inhibitor, sitagliptin, compared with the sulfonylurea, glipizide, in patients with type 2 diabetes inadequately controlled on metformin alone: a randomized, double-blind, non-inferiority trial

1

M. A. Nauck,¹ G. Meininger,² D. Sheng,² L. Terranella² and P. P. Stein² for the Sitagliptin Study 024 Group*

N=1172

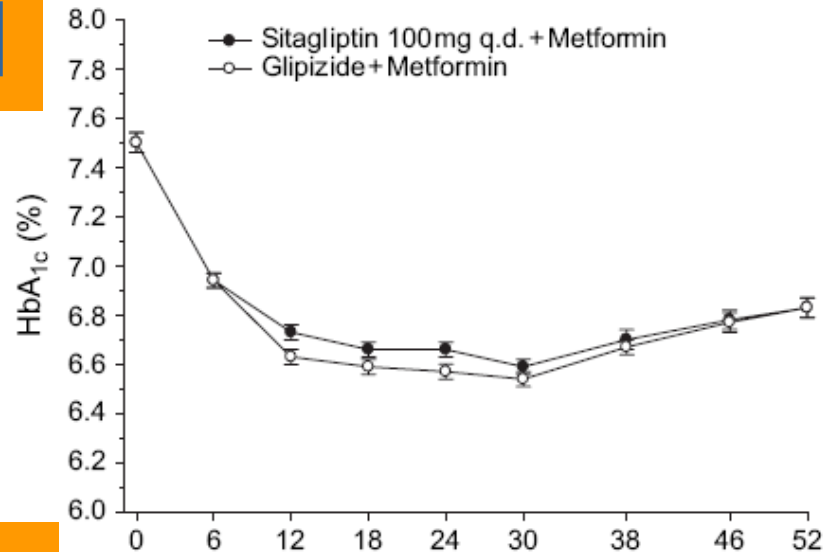
Fifty-two-week efficacy and safety of vildagliptin vs. glimepiride in patients with type 2 diabetes mellitus inadequately controlled on metformin monotherapy

2

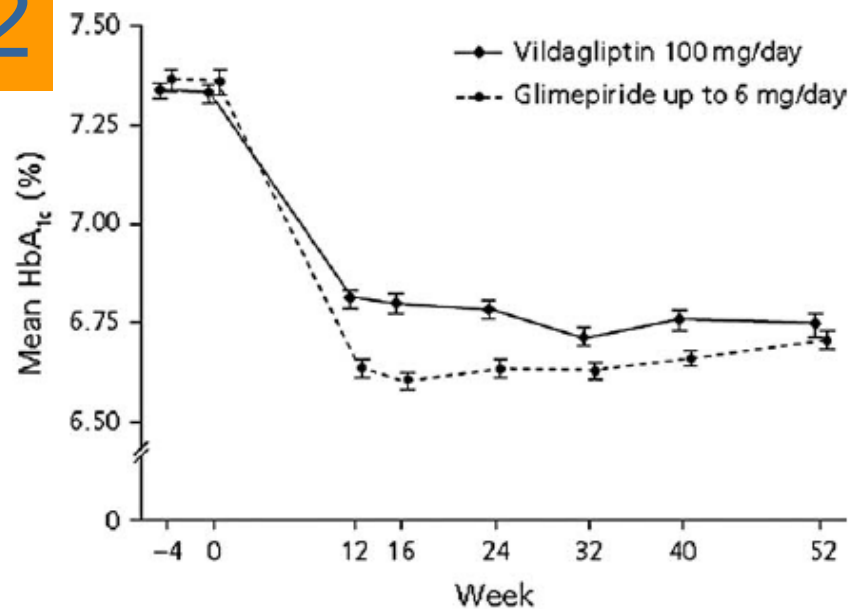
E. Ferrannini,¹ V. Fonseca,² B. Zinman,³ D. Matthews,⁴ B. Ahrén,⁵ S. Byiers,⁶ Q. Shao⁷ and S. Dejager⁸

N=2190

1

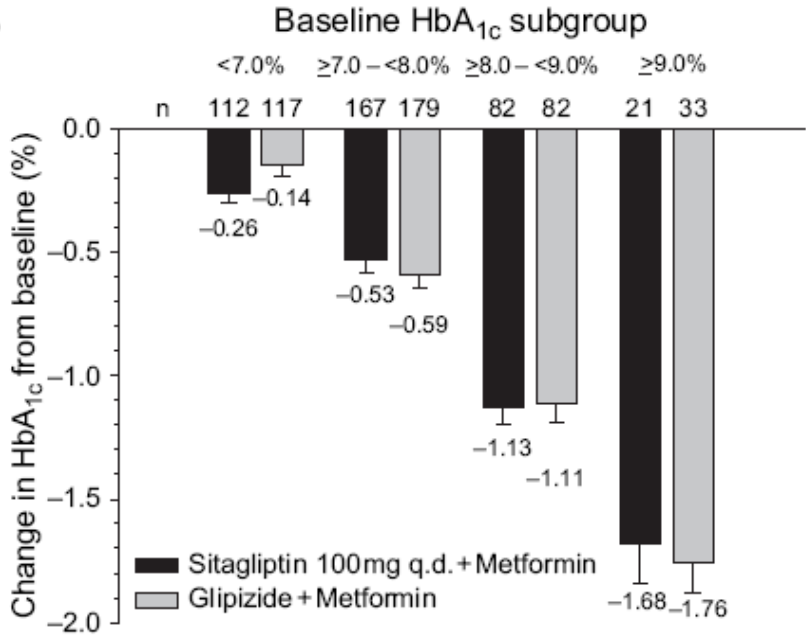


2

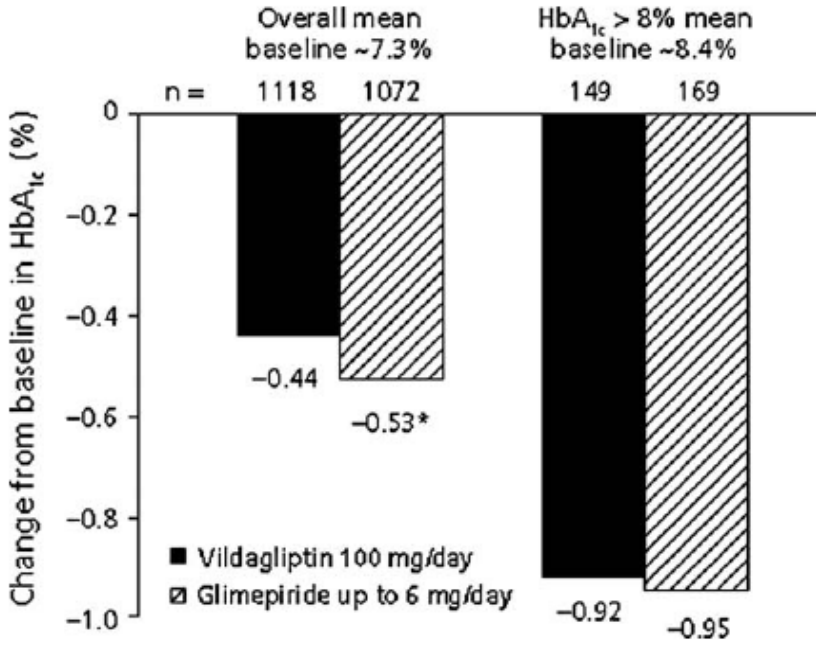


B

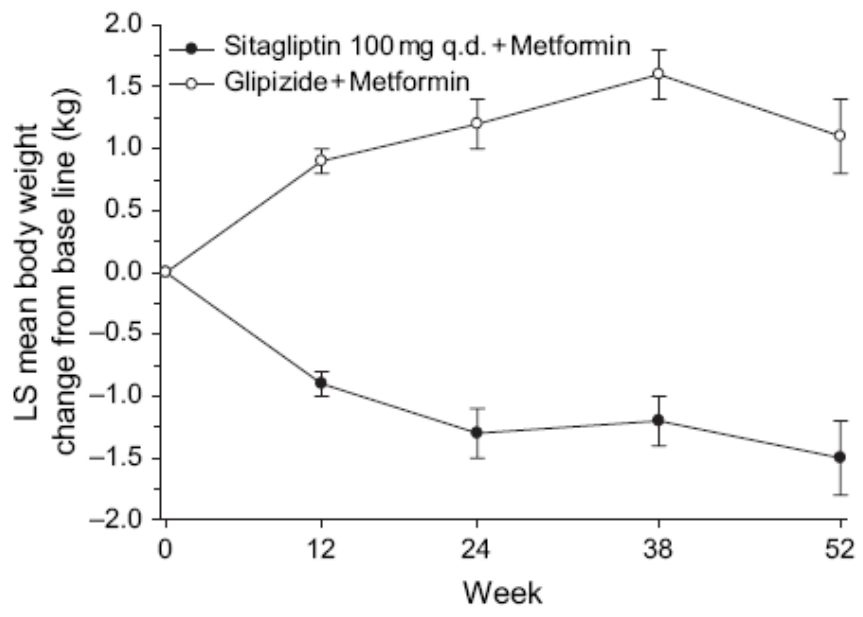
1



2



1



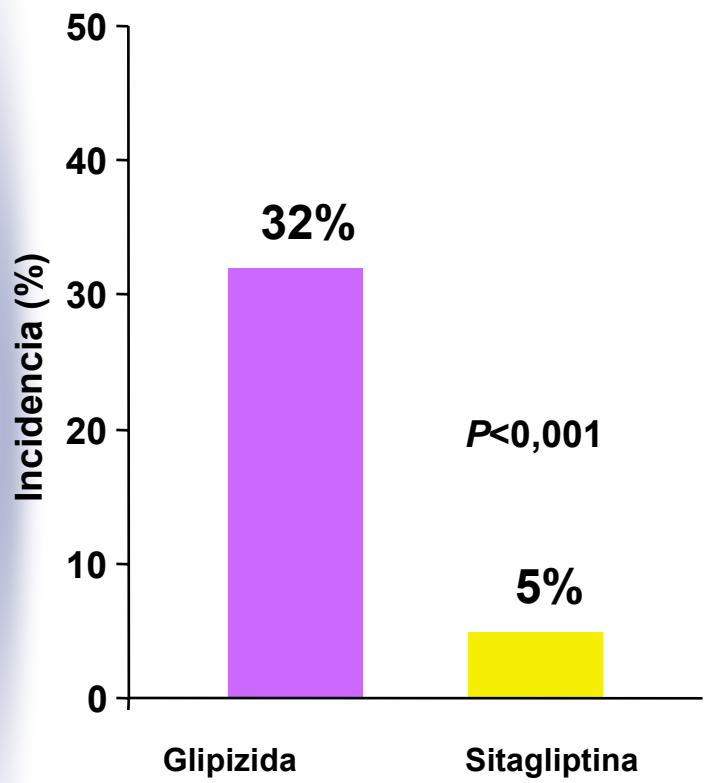
2

| | Vildagliptina + Metformina | Glimepirida + Metformina |
|--------------|----------------------------|--------------------------|
| Peso inicial | 89.01 | 88.62 |
| Peso final | - 0.23 | +1.56 |

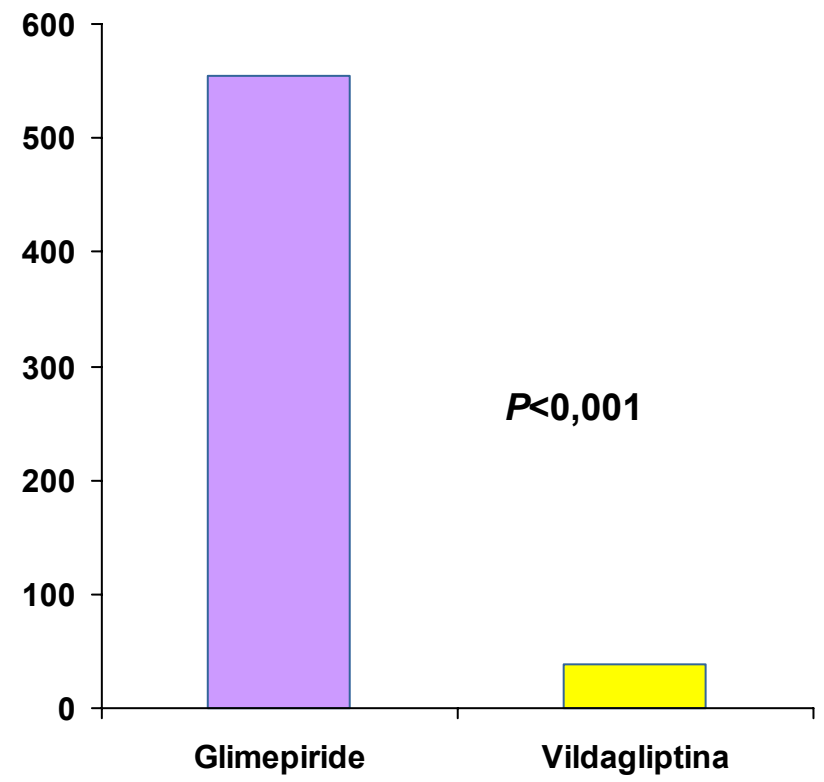
p<0.001

Hipoglucemias

1



2



Eventos Adversos

| 1 | Sitagliptin 100 mg q.d. + metformin (N = 588), n (%) | Glipizide + metformin (N = 584), n (%) | 2 | Vildagliptin (50 mg twice daily) n = 1389, n (%) | Glimepiride (up to 6 mg/day) n = 1383, n (%) |
|---|--|---|-----------------------------------|--|--|
| | One or more AEs | 419 (71.3) | | 444 (76.0) | Overall safety summary |
| Drug-related AEs* | 85 (14.5) | 177 (30.3) | Any AE | 1035 (74.5) | 1121 (81.1) |
| SAEs | 43 (7.3) | 44 (7.5) | Discontinuation because of AEs | 69 (5.0) | 111 (8.0) |
| Drug-related SAEs* | 0 | 2 (0.3) | Drug-related AEs | 244 (17.6) | 494 (35.7) |
| Deaths | 1 (0.2) | 2 (0.3) | Serious AEs | 99 (7.1) | 132 (9.5) |
| Discontinuations because of AEs | 16 (2.7) | 21 (3.6) | Adjudicated CCV AEs | 12 (0.9) | 22 (1.6) |
| Discontinuations because of drug-related AEs | 8 (1.4) | 8 (1.4) | Hypoglycaemia | 23 (1.7) | 224 (16.2) |
| Discontinuations because of SAEs | 6 (1.0) | 7 (1.2) | Deaths | 2 (0.1) | 3 (0.2) |
| Discontinuations because of drug-related SAEs | 0 | 0 | Most common AEs | | |
| Clinical AEs of special interest | | | Nasopharyngitis | 131 (9.4) | 129 (9.3) |
| Hypoglycaemia | 29 (4.9) | 187 (32.0) | Headache | 106 (7.6) | 109 (7.9) |
| Prespecified selected gastrointestinal AEs | | | Dizziness | 91 (6.6) | 188 (13.6) |
| Abdominal pain | 16 (2.7) | 12 (2.1) | Influenza | 79 (5.7) | 60 (4.3) |
| Nausea | 15 (2.6) | 16 (2.7) | Diarrhoea | 76 (5.5) | 71 (5.1) |
| Vomiting | 5 (0.9) | 9 (1.5) | Back pain | 75 (5.4) | 71 (5.1) |
| Diarrhoea | 34 (5.8) | 32 (5.5) | Fatigue | 57 (4.1) | 90 (6.5) |
| | | | Nausea | 56 (4.0) | 71 (5.1) |
| | | | Asthenia | 53 (3.8) | 144 (10.4) |
| | | | Tremor | 52 (3.7) | 276 (20.0) |
| | | | Hyperhidrosis | 46 (3.3) | 240 (17.4) |
| | | | Hypoglycaemia | 23 (1.7) | 224 (16.2) |
| | | | Hunger | 10 (0.7) | 71 (5.1) |



¿Inhibidores de DPP-4?

| PREGUNTA | RESPUESTA |
|---|-----------|
| Eficacia en control glucémico | |
| Causa potencial de hipoglucemias | |
| Efecto sobre el peso | |
| Abordaje fisiopatológico | |
| Durabilidad del control glucémico | |
| Prevención de complicaciones microvasculares | |
| Prevención de complicaciones macrovasculares | |
| Seguridad Cardiovascular | |
| Efectos colaterales relevantes | |
| Cumplimiento (combinación) | |



